



WARREN COUNTY HEALTH DISTRICT

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For Immediate Release

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Due to the recent information from the Centers for Disease Control and Prevention (CDC) on cases of severe pulmonary disease associated with using e-cigarette products, the Warren County Health District (WCHD) wanted to share some information with the public.

The Ohio Department of Health (ODH) has reported 17 confirmed cases of severe pulmonary illness that's likely due to vaping, while they are investigating 22 other reports of illness. Nationally, the CDC is aware of 538 case of lung illness reported from 38 states and 1 U.S. territory. Seven deaths have been reported from 6 states. Warren County has no reported cases at this time.

The Centers for Disease Control and Prevention has provided the following information on symptoms and interim recommendations.

Symptoms of Lung Injury Reported by Some Patients in This Outbreak:

- Patients in this investigation have reported symptoms such as:
 - cough, shortness of breath, or chest pain
 - nausea, vomiting, or diarrhea
 - fatigue, fever, or abdominal pain
- Some patients have reported that their symptoms developed over a few days, while others have reported that their symptoms developed over several weeks. A lung infection does not appear to be causing the symptoms.

Interim Recommendations:

Until we know more, if you are concerned about these specific health risks, CDC recommends that you consider refraining from using e-cigarette or vaping products.

- [Youth and young adults should not use e-cigarette products.](#)
- [Women who are pregnant should not use e-cigarette products.](#)
- Adults who do not currently use tobacco products should not start using e-cigarette products.

If you have recently used an e-cigarette or vaping product and you have symptoms like those reported in this outbreak see a healthcare provider.

If you use e-cigarette or vaping products:

- Anyone who uses an e-cigarette or vaping product should not buy these products (e.g., e-cigarette or vaping products with THC or CBD oils) off the street, and should not modify or add any substances to these products that are not intended by the manufacturer.
- See a healthcare provider right away if you have [symptoms](#) like those reported in this outbreak.

If you are an adult who uses e-cigarettes because you have [quit](#) cigarette smoking:

- Do not return to smoking cigarettes.
- If you continue to use e-cigarettes, carefully monitor yourself for [symptoms](#) and see a healthcare provider right away if you have symptoms like those reported in this outbreak.

If you are an adult who is trying to [quit](#) smoking:

- Contact your healthcare provider if you need help quitting tobacco products, including e-cigarettes.
- Use evidence-based treatments, including counseling and FDA-approved medications.

If you are concerned about your health after using an e-cigarette product, contact your health care provider, or you can also call your local poison control center at 1-800-222-1222.

Youth Cessation Options (All Free of Charge)

- My Life, My Quit (Ohio Tobacco Quit Line). This program combines best practices for youth tobacco cessation adapted to include vaping and new ways to reach a coach using live text messages or online chat. The program includes educational materials designed for teens created with youth input and through discussion with subject matter experts and community stakeholders. To enroll, text or call 1-855-891-9989 or visit mylifemyquit.com
- This is Quitting (Truth Initiative). This is Quitting is a free text message program created with input from teens, college students, and young adults who have attempted to, or successfully quit, e-cigarettes. The program is tailored by age group to give appropriate recommendations about quitting and serves as a resource for parents looking to help their children who now vape. Youth and young adults can access the new e-cigarette quit program by texting "DITCHJUUL" to 88709. Parents and other adults looking to help young people quit should text "QUIT" to 202-899-7550. <https://www.thetruth.com/articles/hot-topic/quit-vaping>
- Ohio Tobacco Quitline. Provides cessation services to youth and young adults. 1-800-QUIT-NOW, 1800-784-8669

Additional information can also be found by visiting:

www.cdc.gov/tobacco/basic_information/e-cigarettes/severe-lung-disease/need-to-know/index.html

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