# Support Groups – Community Resource List



#### WHAT IS A SUPPORT GROUP?

There seems to be a support group for almost every condition or circumstance known. But what do they do? In general, groups may fall into one of three categories: mutual self-help, therapeutic, and social. Each has a slightly different focus, so you may find it helpful to have an idea of what kind of group you are looking for, or you may want to consider exploring two or more groups to meet different needs.

Mutual self-help groups exist to provide emotional support and practical help in coping with a problem that is shared by all the members. To be able to share one's feelings with others who "have been there" can be quite helpful; one's emotional burdens can be shared and no longer carried alone. While self-help groups may have a facilitator, it is not common for that person to be formally trained in counseling and group processes.

Therapeutic groups are usually led by mental health professionals; a social worker, a trained counselor, or a psychologist or psychiatrist. These groups are usually time-limited (6 to 8 weeks), may have an education component, and try to keep the group size to no more than eight to twelve people.

Re-socialization is an important need, and another reason people come together. Often times, a surviving spouse may find previous social contacts painful or unsatisfying, or may not quite know how to make new social contacts. Remember, a <u>social</u> group made up of people who once experienced the trauma of the loss of a spouse will differ considerably from a <u>support</u> group for the newly bereaved.

The groups listed on the following pages address a wide range of grief and loss issues from a variety of community resources. However, it is impossible to list every group, and contact persons frequently change. You may wish to check your church, synagogue, or worship community.

Hospice of Cincinnati, 4310 Cooper Road, Cincinnati, OH 45242 Telephone: (513) 891-7700

### **FOR PARENTS**

#### THE COMPASSIONATE FRIENDS, CINCINNATI CHAPTER

A national mutual assistance, self-help organization offering friendship and understanding to bereaved parents, grandparents and adult siblings.

#### **WEST GROUP:**

Meets the 1st Monday of the month, 7:00 pm registration, the program begins at 7:30 pm. If that day is a holiday, group meets the following Monday. Mercy Franciscan Terrace, 80 Compton Road, Cincinnati, OH 45215. Contact: Judy Mason, mason j cincy@yahoo.com, Alan Wernersbach, awernersbach@cinci.rr.com, or Karen Pinksy, (513) 336-8959.

#### **EAST GROUP:**

Meets on the 4<sup>th</sup> Tuesday of the month, 7:00 pm at St. Timothy Episcopal Church, 8101 Beechmont Ave., Cincinnati, OH 45255. Contact: Carol Terbrueggen (513) 271-6809.

#### COMPANIONS ON A JOURNEY - CHILD LOSS GROUP

Meets the 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays, 7:00-9:00 pm at Huff Realty located at 6192 Mulhauser Road, West Chester, OH 45069. Contact: Sheila Munofo-Kanoza, (513) 874-9108.

#### **GRIEVING PARENTS SUPPORT GROUP**

A support group for parents who have lost an infant through miscarriage, stillbirth, or early infant death. Meets on the 4<sup>th</sup> Wednesday of the month, 7:30-9:00 pm at Pleasant Ridge Presbyterian Church, Kemper Room, 6950 Montgomery Road, Cincinnati, OH 45213. Contact: Mary Beth Cooper, (513) 872-1163.

#### **HEARTS: SUPPORT GROUP**

Peer-led support group for parents who have lost a child through molar or ectopic pregnancy, miscarriage, premature birth, stillbirth neonatal death, SIDS, and birth defects. Meets the 2<sup>nd</sup> Tuesday of each month from 6:30-8:00 pm at Faith Community United Methodist Church, 4310 Richardson Road, Independence, KY 41051. for additional information, email: <a href="https://doi.org/10.1001/jeach.2007/jeach.2

#### HOPE: HELPING OVERWHELMED PARENTS ENDURE

Support group for parents who have lost an older child. Meets the 2<sup>nd</sup> Monday of each month, 6:30-8:00 pm at St. Elizabeth Hospice, 483 S. Loop Dr., Edgewood, KY. Contact: James Ellis at (859) 301-4611 or <a href="https://www.parentshope.com">www.parentshope.com</a>.

#### LOSS OF AN ADULT CHILD

Support for parents who are grieving the death of an adult child. Call for dates and times. Hospice of the Blue Grass, Northern Kentucky, 7388 Turfway Road, Florence, KY 41042. Call Michelle Williams at (859) 441-6332 or <a href="mailto:mwilliams@hospicebg.org">mwilliams@hospicebg.org</a>.

#### MADD (Mothers Against Drunk Driving)

Materials, support, and advocacy for victims of drunk drivers can be obtained by calling the hot-line. 4015 Executive Park Drive, #215, Cincinnati, OH 45241. Contact: Andrea Rehkamp, (513) 769-6800.

#### MENDING HEARTS

Support available to parents who experience stillbirth, miscarriage, ectopic pregnancy, or neonatal death of a child. Meets the 2<sup>nd</sup> Wednesday of each month. 7:00-9:00 pm at University Hospital, 234 Goodman Street, Cincinnati, OH 45219. Contact: Sally Westendorf, (513) 584-7037.

#### PARENTS OF MURDERED CHILDREN, NATIONAL OFFICE

A peer-led, self-help support group. Call (513) 721-5683 or 1-888-818-7662 for times and locations.

#### **PEACE: Parents Enduring Addiction Consequences Everyday Support Group**

Meets the 1<sup>st</sup> Tuesday of each month from 7:00-8:00 pm at the Eggleston United Methodist Church, 1961 Bullock Pen Rd, Erlanger, KY. For information, please contact Charlotte Wethington, (859) 356-3265 or Connie De Marrero (859) 635-0187.

#### PERINATAL/NEONATAL LOSS GROUP

For parents who have lost a child from miscarriage to birth or the first year of life. Meets the 3<sup>rd</sup> Tuesday of each month, 7:00-9:00 pm, at St. Maximillan Kolbe Parish, Hospitality Room, 5720 Hamilton-Mason Road, Hamilton, OH 45011. Contact Sheila Munafo-Kanoza, (513) 870-9108.

#### PREGNANCY LOSS GROUP

Pregnancy Loss, Understanding, and Support (PLUS) provides support meetings for parents who have lost a baby through miscarriage, stillbirth, or newborn/infant death. Meetings are the 4<sup>th</sup> Wednesday of every month from 7:30-9:00 pm at St. Margaret of York Church, 9483 Columbia Road, Loveland, OH. 45140.

#### REACH OUT TO GRIEVING PARENTS

Peer support led by parents who have lost a child due to miscarriage, stillbirth, or newborn death. Meets the 3<sup>rd</sup> Tuesday of each month, 7:30 pm at Christ Hospital, 2139 Auburn Avenue, Cincinnati, OH 45219. Contact Grace DeGregoria, (513) 791-1160 for room location and directions.

#### SUDDEN INFANT DEATH SYNDROME SUPPORT (SIDS)

Meets 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of each month at Pleasant Ridge Presbyterian Church corner of Montgomery and Lester Rd. (enter at main entrance which is on Lester Rd). Contact Mary Jo McCutchen at (513) 254-6785. For additional information about SIDS, please contact Dee Elfers (513) 675-6789 after 4:30 pm or any time on weekends or contact Bob Kirsch, (513) 636-8000.

### FOR CHILDREN

#### CHILDREN'S PROGRAM, CANCER FAMILY CARE

Individual and family bereavement counseling available for children and their families who have experienced the death of a loved one from cancer. Various groups provided, as needed. Call (513) 731-3346 for additional information about children's groups and counseling services.

#### CREATIVELY SPEAKING FOR CHILDREN

A Saturday afternoon art therapy workshop for families designed to facilitate feeling identification and expression, open communication and to build coping skills and support. Each family member will create a piece of art to take home. The workshop was created for families who cannot attend multi-session support groups. Children must be accompanied by an adult. Call for dates and times. Hospice of the Blue Grass, Northern Kentucky, 7388 Turfway Road, Florence, KY. 41042. Call Michelle Williams at (859) 441-6332 or mwilliams@hospicebg.com

#### FERNSIDE, CENTER FOR GRIEVING CHILDREN

A place of comfort and support for children and teens, ages 3-18, and their families who have had a significant death in the family. Fernside offers a variety of support groups for children, parents and guardians:

Parent/Significant Adult Loss Group 2<sup>nd</sup> and 4<sup>th</sup> Mondays 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays Blue Ash

Parent/Significant Adult Loss Group 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays Bridgetown

Sibling/Cousin/Friend Loss Group 1<sup>st</sup> and 3<sup>rd</sup> Tuesdays Blue Ash Parent/Significant Adult Loss Group 1<sup>st</sup> and 3<sup>rd</sup> Tuesdays Liberty Township

Parent/Significant Adult Loss Group 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays Anderson Township

Call for starting times and specific locations. Call (513) 745-0111.

#### **MENDING HEARTS**

Provides peer support for children experiencing a loss due to the death of a loved one. We are meeting at the John Eagle Christian Counseling Center located at 225 Ludlow Street, Third Floor, Hamilton, OH 45011. Meets every Tuesday from 6:30-8:15 pm. Call (513) 896-4357 for additional information.

#### **RAINBOWS**

Provides peer support for children experiencing a loss due to death, divorce or other significant losses. Times and schedules are determined by the location. Contact Sandy Keiser, Catholic Charities of Southwest Ohio, (513) 241-7745 for more information.

#### S.T.A.R.S. Grief Support for Kids

A support group in Northern Kentucky for school-age children and their caregivers who have experienced the death of a loved one. Childcare is provided. The program meets September-May, on the 1<sup>st</sup> and 3<sup>rd</sup> Tuesdays of each month, 6:30-8:00 pm at Gloria Dei Lutheran Church, Crestview Hills, KY. For information, please call (859) 292-0244 or the website <a href="https://www.starsforchildren.com">www.starsforchildren.com</a>.

#### or

**STARS** also host a **Young Adult Support Group** for single adults, ages 18-30. Contact us at (859) 292-0244 or <a href="https://www.starsforchildren.com">www.starsforchildren.com</a> for more information.

# **GENERAL GRIEF GROUPS**

#### BEREAVEMENT SUPPORT GROUP

Support for bereaved persons. Meets on the 3<sup>rd</sup> Tuesday of each month, 7:00-8:30 pm. Mercy Hospital, 3000 Mack Road., Fairfield, OH 45014. Please call (513) 870-7129 for additional information.

#### BEREAVEMENT SUPPORT GROUP

Grief Support Group sponsored by VITAS Hospice runs in 6-week cycles at The Drake Conference Center, 151 West Galbraith Road, Cincinnati, OH 45215 on Thursdays 1:30-3:00 pm. For more information, contact Dottie Boner (513) 259-5753 or Ted Haddix, (513) 742-6583.

#### CIRCLE OF WOMEN: MOTHER LOSS SUPPORT GROUP

Support for adult women who have lost their mother in the past two years. Call for date and time. Hospice of the Blue Grass, Northern Kentucky, 7388 Turfway Road, Florence, KY 41042. Call Michelle Williams at (859) 441-6332 or <a href="mailto:mwilliams@hospicebg.org">mwilliams@hospicebg.org</a>.

#### **COMPANIONS ON THE JOURNEY**

For adults who have lost a loved one. Meets the 2<sup>nd</sup> and 4<sup>th</sup> Thursday from 7:00-8:30 pm at St. John's Church Hospitality Room, 9080 Cincinnati-Dayton Road, West Chester, OH 45069. Contact Kathy McConnell, (513) 777-8329.

#### **COMPANIONS ON A JOURNEY**

For adults who have lost a loved one. Meets the 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays, 7:00-9:00 pm, at St. Maximillan Kolbe Parish, Hospitality Room, 5720 Hamilton-Mason Road, Hamilton, OH 45011. Contact Sheila Munafo-Kanoza, (513) 870-9108.

#### **COPING WITH GRIEF**

Support for those suffering a loss of a loved one. Meets the  $1^{st}$  and  $3^{rd}$  Thursday of each month at 2:30 pm. Queen of Martyrs Church, Dayton, OH (937) 277-2092.

#### **COPING WITH GRIEF**

Support for those who have lost a loved one. Contact Sister Kathleen McShay, every  $3^{rd}$  Monday, 2:00-3:00 pm or 7:00-8:00 pm. (812) 933-6437.

#### **COPING WITH GRIEF**

Support for bereaved persons. Meets the 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays, 7:00-8:30 pm at Mercy Hospital Anderson, 7500 State Road, Cincinnati, OH 45230. Please call Luann Daugherty or Reverend Marty Hoffman, (513) 732-8367 for more information.

#### **DEALING WITH GRIEF**

Sponsored by T.P. White Funeral Home. A support group for those grieving the death of a loved one. Meets on the 3<sup>rd</sup> Monday of the month, 6:30-7:30 pm. T.P. White Funeral Home, back office, 2050 Beechmont Avenue, Cincinnati, OH 45230. For additional information call (513) 231-7150 or Jan Borgman (513) 636-0069.

#### FOR THOSE EXPERIENCING THE LOSS OF A LOVED ONE

A support group for those who have lost a loved one. Meets the 1<sup>st</sup> Sunday of the month, 1:00-3:00 pm at Neidhard-Minges Funeral Home, 3155 Harrison Avenue, Cincinnati, OH 45211. Contact Janet McGrath or Jeannete Witsken, (513)661-3022

#### GENERAL GRIEF SUPPORT

Provides peer support and education for those experiencing a loss. Times, topics, & schedules are determined by the location. Contact Sandy Keiser, Catholic Charities of Southwest Ohio, (513) 241-7745 for more information.

#### **GOOD GRIEF**

A bereavement support group open to the public. Two grief groups meeting in the fall and spring; each last 8 weeks. Meet for one holiday group on the first Saturday in November. Located at Dearborn County Hospital, 370 Bielby Road, Lawrenceburg, IN 47025. Call for the date and time of the next session. Tim Heller, 1-800-676-5428.

#### **HEALING A HEART**

A support group for adults. A six week program in Spring and Fall. Offered at 1:30 pm and 6:00 pm. Hospice Care of Middletown, 1131 Manchester Avenue, Middletown, OH 45042. Contact Kay von der Embse, (513) 424-2273.

#### HEALING GRIEF SUPPORT GROUP

A six week program for those grieving the death of a loved one. Contact Michelle Williams, (859) 441-6332, or <a href="mailto:mwilliams@hospicebg.org">mwilliams@hospicebg.org</a> for additional information.

#### JOURNEY THROUGH GRIEF

A support group for adults who have experienced the death of a loved one. Six-meeting series held on Mondays, 6:30-8:00 pm at Gloria Dei Lutheran Church, Crestview Hills, KY. Registration required. Contact James Ellis at (859) 301-4611 or <a href="mailto:jellis@stelizabeth.com">jellis@stelizabeth.com</a> for next starting date.

Group also held in Grant County on the 1st and 3rd Mondays of the month at 9:30 am. Call for locations.

#### JOURNEY THROUGH GRIEF: ADULT DAUGHTERS

This is a **Journey Through Grief** Support group for adult daughters who have experienced the death of a parent. This is a 6 week series that meets on Wednesdays in the evening at Gloria Dei Lutheran Church, Lookout Farm Drive & Dixie Highway, Crestview Hills, KY. Registration required. Contact James Ellis at (859) 301-4611 or <a href="mailto:jellis@stelizabeth.com">jellis@stelizabeth.com</a> for times and starting dates.

#### **JOURNEY THROUGH GRIEF**

Christian-based support group for adults who are grieving the death of a loved one. For dates, times, and locations, please call Rita McClure, certifited bereavement facilitator, at (513) 863-2281, or e-mail Rita at journeythroughgrief2@cinci.rr.com.

#### LIFE TRANSITIONS

For those who are experiencing the death of a loved one from cancer. Meets on the 2<sup>nd</sup> Tuesday of each month, 6:30-8:00 pm at the Wellness Community, 4918 Cooper Road, Cincinnati, OH 45242. Contact Bonnie Crawford, (513) 791-4060. (There is also a group held at the Ft. Wright Office. Call for date and time.)

#### LOSS SUPPORT GROUP

For those who are experiencing any type of loss. Meets the 2<sup>nd</sup> Wednesday of the month, 1:30-3:00 pm at SEM Villa Retirement Center, Milford, OH 45150. Contact Linda Tennison, (513) 724-1255.

#### **NEW DAY GRIEF SUPPORT GROUP**

A nine-week grief support group offered for any one who has lost a loved one. Please call for information regarding the start of the next group. Contact Kathy Teipen, (513) 489-7489 or 474-6907.

#### PARTNER SUPPORT GROUP

Support for those grieving the death of a significant other. Meets for 8 weeks. Contact Michelle Williams, (859) 441-6332, or <a href="mailto:mwilliams@hospicebg.org">mwilliams@hospicebg.org</a> for additional information.

#### WINDOWS TO RENEWAL

A four session program for those grieving the death of a loved one. Contact Michelle Williams, (859) 441-6332, or <a href="mailto:mwilliams@hospicebg.org">mwilliams@hospicebg.org</a> for additional information.

#### YOUNG ADULT GROUP: COMPANIONS on a JOURNEY

Meets on the 2<sup>nd</sup> Monday of the month, 7:00-9:00 pm, at St. Maximillan Kolbe Center, 5720 Hamilton-Mason Road, Hamilton, OH 45011. Contact Sheila Munafo-Kanoza, (513) 874-9108.

#### YOUNG ADULT GRIEF SUPPORT GROUP

A bereavement support group for young adults, 18 and older, who have lost a loved one. Sponsored by Fernside: A center for Grieving Children. Call for time and location, (513) 745-0111.

#### **SUPPORT GROUP**

Hospice of Southwest Ohio. The group is open to anyone who has lost a loved one. We are offering it at two locations and times. Group 1 will be held at Chesterwood Village (extended care facility) in West Chester from 2:30 – 3:45 pm for four consecutive Wednesdays beginning May 14<sup>th</sup>. Group 2 will be held at Hospice of Southwest Ohio in Maderia from 6:00 – 7:15 pm for four consecutive Wednesdays beginning May 14<sup>th</sup>. For more information call Elisabeth Contadino at (513) 777-0820.

# WIDOWS/WIDOWERS

#### **COMPANIONS on a JOURNEY**

For adults who have lost a spouse. Mets on the 2<sup>nd</sup> & 4<sup>th</sup> Wednesdays of the month, 7:00-9:00 pm, at St. Maximillan Kolbe Parish, Hospitality Room, 5720 Hamilton-Mason Road, Hamilton, OH 45011. Contact Sheila Munafo-Kanoza, (513) 870-9108.

#### GOOD MOURNING - WIDOWS/WIDOWERS GROUP

A support and social group for widows and widowers who have lost a spouse through death. Meets the 2<sup>nd</sup> & 4<sup>th</sup> Friday of the month, 7:00 pm, Colerain Township, call for directions. Contact: Jean Wagner, (513) 385-2164.

#### LIVING AGAIN: WIDOWED SUPPORT GROUP

For those who have been widowed for more than a year. Meets on the 2<sup>nd</sup> Wednesday of the month, 7:00-9:00 pm, Huff Realty located at 6192 Mulhauser Road, West Chester, OH 45069. Contact Sheila Munafo-Kanoza, (513) 870-9108.

#### MAKING TODAY COUNT

Sponsored by: Clermont Senior Services. A support group for persons who are widowed. 4<sup>th</sup> Thursday of every month, 6:30-8:30 pm at the Civic Building in Eastgate. Call for location. Contact: Linda Tennison, (513) 724-1255.

#### GRIEF AND LOSS SUPPORT GROUP

For people who have lost a loved one. Meets on the 1<sup>st</sup> and 3<sup>rd</sup> Tuesday, 7:00 pm at Peace Lutheran Church, 231 Harry Saunders Road, Hillsboro, OH. For more information contact Pastor Doug Campbell, (937) 393-1837.

#### **GRIEF'S JOURNEY**

Support for those who have lost a loved one in the last year. Call for dates and times. Hospice of Northern Kentucky, 7388 Turfway Road, Florence, KY 41042. Call Michelle Williams at (859) 441-6332 or <a href="mailto:mwilliams@hospicebg.com">mwilliams@hospicebg.com</a>.

#### **GRIEFSHARE: JOURNEY FROM MOURNING TO JOY**

Non-denominational group for those grieving the death of someone close that features biblical teaching on grief and recovery topics. Offered twice a year for 13 weeks. Call for next start date. Christ Baptist Church, 3810 Alexandria Pike, Cold Springs, KY 41076. John & Kathy Shay, (859) 441-3363.

#### GRIEF SUPPORT GROUP

For people who have lost a loved one. Time limited, six sessions offered four times a year. Family Life Center, Woodview & Compton Road, Cincinnati, OH 45231. Contact Diane Kinsella (513) 931-5777 for dates and time.

#### **GRIEF SUPPORT GROUP**

Support for those grieving the death of a loved one. Meets on the last Tuesday of the month from 6:00 - 7:30 pm at Megee Funeral Home, Mt. Orab, OH. For directions and additional information, contact Kim O'Madden, (937) 444-2677.

#### GRIEF SUPPORT GROUP

For those who have lost a loved one. Meets the 1st Thursday of each month at 10:30 a.m. at St. John's United Church of Christ, 415 Park Avenue, Newport, KY. Lunch follows the meeting. Contact Henry Marksberry, (859) 431-1818 for additional information.

#### **GRIEF SUPPORT GROUP**

For those who have lost a loved one due to illness. Special topics addressed each session. Reservations required. Call for date, time, and meeting location. Contact Hospice of Cincinnati Bereavement Coordinators, Alan Gruber (513) 686-8120, Vivian Jones 686-8139, or Polly Peterson 686-8122, Clare Peasley 686-8121.

#### **GRIEF SUPPORT GROUP**

A support group for bereaved adults. Group meets for nine-weeks, two times per year. Call for next starting date. Bethesda North Hospital, 10500 Montgomery Road, Cincinnati, OH 45242. Contact Rev. Frank McClure (513) 865-1194.

#### **GRIEF TO PEACE GATHERING**

A support group for bereaved adults. Sponsored by the Spring Grove Family. Meets on Thursdays. For times and locations, please call Dianna Zerhusen, (513) 853-3722.

#### **NEW BEGINNINGS**

For those who have been widowed for less than a year. Meets on the 2<sup>nd</sup> and 4<sup>th</sup> Wednesday of the month, 7:00 – 9:00 pm, Huff Realty located at 6192 Mulhauser Road, West Chester, OH 45069. Contact Sheila Munafo-Kanoza, (513) 870-9108.

#### SPOUSE LOSS GROUP

For men and women who have lost a spouse within the past two years. Call for dates and times. Hospice of the Blue Grass, Northern Kentucky, 7388 Turfway Road, Florence, KY 41042. Call Michelle Williams at (859) 441-6332 or <a href="mailto:mwilliams@hospicebg.com">mwilliams@hospicebg.com</a>.

#### SUNDAY NIGHT WIDOW/WIDOWERS SUPPORT GROUP

This group provides peer support and social activities for those who have lost their spouse to death. Meets on Sundays at 7:30 pm at the Hyde Park Community United Methodist Church, 3020 Erie Avenue, Cincinnati, OH 45208. Contact: Barbara Burke (513) 831-5749.

#### MEN'S BREAKFAST CLUB

A group for retired-age men who have experienced the death of a wife. A time for eating, talking, and grief work at their own pace. Guest speakers frequent the breakfast speaking on topics of interest such as ID Theft, Financial Planning, Medical Insurance, Sports and more. Sponsored by Hospice Care of St. Elizabeth. Meets 2<sup>nd</sup> Tuesday of each month, 9:30 am at Atria Summit Hills, Edgewood, KY. Contact: James Ellis at (859) 301-4611 or jellis@stelizabeth.com for more information.

#### WALKING THROUGH GRIEF

Grief support group for anyone who lost a spouse. Meets the 1<sup>st</sup> & 3<sup>rd</sup> Wednesday of each month from 6:30-8:00 pm (drop-ins are welcome). Hospice of Dayton, Pathways of Hope Grief Center. (937) 258-4991. Contact Nancy Messer (937) 4991.

#### WIDOW/WIDOWER SUPPORT GROUP

Bereavement support group for those over 55. Meets the 1<sup>st</sup> & 3<sup>rd</sup> Thursday of each month from 4:30-5:30 pm at Jewish Family Service, 11223 Cornell Park Drive, Cincinnati, OH 45242. Contact: Marge Reed (513) 469-1188.

#### YOUNG MEN'S BREAKFAST CLUB

A group for working age men who have experienced the death of a wife to meet together for companionship and grief support at their own pace. Meets on the 3<sup>rd</sup> Friday of each month, 7:00 am at Colonial Cottage in Erlanger, KY. Contact James at (859) 301-4611 or jellis@stelizabeth.com for additional information.

#### YOUNG WIDOWS SUPPORT GROUP

Support group for women between the ages of 25-50, who have experienced the death of a spouse. Crossroads Community Church, 3500 Madison Road, Cincinnati, OH 45209. Meets on the 3<sup>rd</sup> Sunday of the month from 7:00-9:00 pm. Call Cathy for specific dates and location. (513) 761-7281.

#### YOUNG WIDOWED SUPPORT GROUP

Meets on the 4<sup>th</sup> Wednesday of the month from 7:00-9:00 pm at Huff Realty located at 6192 Mulhauser Road, West Chester, OH 45069. Time limited group. Contact Tom or Sheila Munafo-Kanoza, (513) 870-9108 for additional details.

#### YOUNG WIDOWS/WIDOWERS SUPPORT GROUP

Support group for those who lost a younger spouse. Please call for dates and times. Marsha Linnemann at (859) 727-1250. No Monthly group. Please call for information.

#### WIDOWS/WIDOWERS SUPPORT GROUP

Support group for those who lost an older spouse. Meets the  $4^{th}$  Tuesday of each month, 11:00 am - 12:00 pm at Gloria Dei Lutheran Church, 2718 Dixie Highway, Crestview Hills, KY 41017. Contact: Marsha Linnemann, (859) 727-1250.

# **AIDS**

#### TOGETHER FOR CARING

Support group for individuals who are directly or indirectly affected by HIV/AIDS. Those who have lost a loved one to the disease are encouraged to attend as well. Meets the  $2^{nd}$  &  $4^{th}$  Sundays of each month, 6:30-7:30 pm at St. Elizabeth North Hospital, Room 5071, 410 E. 20th Street, Covington, KY 41014. Contact: Bob Keck (859) 431-8021.

# **SUICIDE**

#### **COMPANIONS on a JOURNEY**

For adults who have lost a loved one to suicide. Meets on the 1st Tuesday of the month, 7:00 – 9:00 pm, at St. Maximillan Kolbe Parish, Hospitality Room, 5720 Hamilton-Mason Road, Hamilton, OH 45011. Contact: Sheila Munafo-Kanoza (513) 870-9108.

#### SUICIDE LOSS SUPPORT GROUP

An 8 week support group for those grieving the death of a loved one by suicide. Contact Michelle Williams, (859) 441-6332, or mwilliams@hospicebg.org for additional information.

#### SURVIVORS AFTER SUICIDE

A peer-led support group for people who have lost a loved one to suicide. Meets the 1<sup>st</sup> Tuesday of each month, 7:00-9:00 pm at the United Church of Christ, 15 S. Ft. Thomas Avenue, Ft. Thomas, KY 41-75. Contact Carol Himes (859) 441-1958 or Mary Buchanan (859) 781-1308.

#### SURVIVORS OF SUICIDE

Support group for adults who have lost a loved one to suicide. The group is sponsored by the Mental Health Association, Suicide Prevention Coalition of Clermont County & the Clermont County Mental Health & Recovery Board. Contact the group facilitator prior to attending. Meets the 1<sup>st</sup> Monday of the month, 6:00-8:00 pm, 1088 Wasserman Way, Batavia, OH 45103. Contact: Liz Atwell (513) 265-5237.

# **SPECIALIZED GROUPS**

#### TRI-STATE HOLISTIC CONGREGATION

Tri-State Holistic Congregation provides services to people of alternative spiritualities including but not limited to Pantheism, Paganism, Celtic, Norse, Wiccan, and Native American traditions. Call for time and locations. Contact Rev. Paul Ravenscraft (513) 520-2510 or Rev. Dan Newman (513) 542-1900.

For additional information about bereavement support groups or other services related to grief and loss, please contact Hospice of Cincinnati Bereavement Coordinators, Alan Gruber (513) 686-8120, Vivian Jones (513) 686-8139, Clare Peasley (513) 686-8121, or Polly Peterson (513) 686-8122.