



WARREN COUNTY HEALTH DISTRICT

Prevent-Promote-Protect



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September 2019

NEWS & INFORMATION

www.warrenchd.com

Duane Stansbury, R.S., M.P.H.
Health Commissioner

OHIO AND VAPING

Tire Recycling Event

WHEN
September 14, 2019
9:00 a.m.
To
2:00 p.m.

WHERE
Franklin Township Park
4049 ST RT 122
Franklin

Collecting scrap tires for recycling

NO TIRES ON RIMS

COST FREE!!

The Ohio Department of Health (ODH) has issued a health alert to healthcare providers asking them to report all suspected cases of serious pulmonary illness where the cause is unclear with a history of vaping to local or state public health officials for investigation.



“We are seeing a tremendous increase in vaping among our youth, which is a public health crisis,” said ODH Director Amy Acton, MD, MPH. “There is a perception that vaping is safe, and these reports of serious pulmonary illness linked to e-cigarettes or vaping product use show that this is simply not true.”

The CDC issued updated recommendations on vaping for the public:

- While the investigations are ongoing, people should consider refraining from using e-cigarette or vaping products if they are concerned about the health risks.
- Regardless of the investigation, e-cigarette and vaping products should not be used by youth, young adults, pregnant women or adults who do not currently use tobacco products.
- Do not buy vaping products off the street. It’s un-

known what they really contain.

- Vaping products bought on the street may contain THC or other cannabinoids.
- Do not modify vaping products or add any substances not intended by the manufacturer.
- People who vape should monitor themselves for symptoms and promptly seek medical attention if they have concerns about their health.

For more information on Vaping , please visit <https://odh.ohio.gov/wps/portal/gov/odh/home/> or <https://www.cdc.gov/>

VITAL STATISTICS (BIRTH & DEATH RECORDS)

One of the functions of the Warren County Health District is the handling of vital statistics information such as birth and death records. The Health District can provide certified copies of birth certificates for anyone born in Ohio and death records for any deaths that occurred within Warren County with the exception of Atrium

Medical Center. The Health District also registers home births that occur in the county whereby the parents are required to register the birth of their baby with ten (10) days with their local vital statistics office when a birth occurs at home or outside a birthing facility. The Warren County Health District is open from 7:30 a.m. to 4:00

p.m. Monday through Friday. For more information, please call the Environmental Department at 513-695-1228.



SEPTEMBER IS NATIONAL PREPAREDNESS MONTH

September is National Preparedness Month, when all Americans are encouraged to focus on preparing for emergencies, including making plans to protect their health. There are many reasons to prepare your health for an emergency. They start with your family and friends and extend to your neighbors and community at large. But most Americans don't have supplies set aside or plans in place to protect themselves or their family's health and safety in the event of a natural disaster.

A major public health emergency like a hurricane or a lengthy power outage can limit your access to supplies and services for several days,

food, basic supplies, and the personal items you need to protect your health in an emergency.

PERSONAL NEEDS:

- Emergency water supply
- Nonperishable and ready to eat food
- Medical supplies
- First aid supplies

PRESCRIPTIONS:

- 7 to 10 days emergency supply of essential medications
- Up-to-date list with name of medicine and dosage along with any allergies

PAPERWORK:

- Copies of insurance cards

- Immunization and vaccination records
- Vital Records
- Copy of current medical emergency plan

POWER SOURCES:

- Flashlights
- Extra Batteries
- Car chargers and adapters
- Generator with at least 20 feet of extension cords
- Battery-powered smoke alarms and carbon monoxide detectors.

For more information concerning preparedness month, please visit www.cdc.gov

NIGHT MAY FALL...BUT YOU DON'T HAVE TO

The shorter days of Fall are here. As it gets darker earlier, now is a great time to lighten up your home. It is important to make sure your home is well lit to help prevent falls.



As we get older our vision changes. As these changes occur it makes for more and more challenges for us to navigate in the dark. Poor lighting can hide obstacles in our homes and make it harder to move around safely.

Here are a few tips to help brighten up our homes and make it safe:

- Use the highest wattage bulb for that particular fixture
- Keep a flashlight by your bed
- Consider replacing traditional lamps with touch-sensitive models. They are easier to turn on and off in the dark
- Install night lights along the path between the bedroom and bathroom
- Increase lighting at the top and bottom of the stairs

- Replace light switch plates with ones that glow in the dark
- Invest in compact fluorescent or LED light bulbs, they can produce brighter light using less energy
- Have an electrician install light switches by the door so you can avoid walking across a day room.

Correction

Inspection Reports link from last months issue

www.healthspace.com/clients/ohio/warren/warren_web_live.nsf