

## WARREN COUNTY HEALTH DISTRICT

416 South East Street – Lebanon, Ohio 45036

Duane Stansbury, R.S., M.P.H. HEALTH COMMISSIONER Scott R. Swope. D.O. MEDICAL DIRECTOR

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## For Immediate Release

Media Contact: Public Information Officer, snorton@wcchd.com, (513-695-2475)

## Seasonal Flu Vaccinations

The Warren County Health District will be offering a seasonal flu vaccination <u>walk-in</u> clinic for the public on **Tuesday, November 12<sup>th</sup> and Tuesday, November 19<sup>th</sup> from 1:00 p.m.** – **3:00 p.m.** at the Warren County Health District located at 416 S. East St., Lebanon. WCHD will have nurses available to come to the car to give flu shots for those individuals with mobility difficulties. For those needing car side service, please call 513-695-1468 upon arrival.

The Centers for Disease Control recommends that individuals 6 months of age and older receive the seasonal flu vaccine. Any individual under 18 years of age will need a vaccination consent form signed by their parent or legal guardian. Vaccination consent forms can be found on our website at <u>www.warrenchd.com</u> and will also be available at the walk-in clinic. Hi-dose flu vaccine will be available for individuals 65 years and older. The health department will bill most private insurance, Ohio Medicaid, most Ohio Medicaid Managed Care plans, Medicare and most Medicare managed care plans. Please bring all of your insurance cards with you. For those without insurance coverage, the adult flu shot fee is \$30.00, child (6 months of age and older) flu shot is \$15.00 and the hi-dose vaccine is \$50.00.

The flu is a highly contagious viral infection that affects the respiratory system. The virus is generally passed from person-to-person by coughing and/or sneezing but can also be transmitted on objects such as doorknobs, pens, telephone receivers, and etc. since the virus remains "alive" for a short time outside the body. Therefore, touching something that has been handled by someone infected with either a cold or flu virus and then touching your own mouth, eyes, or nose can spread viruses.

An annual flu vaccine is the best way to reduce the chances that you will get the seasonal flu and lessen the chance that you will transmit it to others. Influenza viruses change over time and each year the vaccine is modified to include the viruses that are most likely to circulate during the flu season. You can also take these additional steps to protect your health:

- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water, especially after you cough or sneeze. <u>Alcohol-based hand</u> <u>sanitizers</u> are also effective.
- Avoid touching your eyes, nose or mouth. Germs spread this way.
- Try to avoid close contact with sick people.
- If you are sick with flu-like illness, <u>CDC recommends that you stay home for at least 24 hours after your fever is gone</u> except to get medical care or for other necessities.

For more information contact the Nursing Division of the Warren County Health District at 513-695-1228. You may also visit the health department's web site at <u>www.warrenchd.com</u> for more information and updates.

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