COMMUNITY HEALTHY GRILL OUT

MONDAY, JULY 25

5:30-7:00 PM

STATION 41 (601 N BROADWAY)

Come join the Warren County Health Department, City of Lebanon and the Lebanon Division of Fire for a healthy and educational grill out! This is a free cookout for all Warren County residents, employees and family members. Food is provided by the Warren County Health Department and cooked by the Lebanon Division of Fire. The event will feature information about grilling and meal preparation, healthy eating tips, and food and fire safety.

MENU

- Balsamic herb steak, grilled chicken or grilled fish
- Beef/turkey/Beyond burgers
- Greek yogurt potato salad
- Creamy cauliflower mac-n-cheese
- Summer bean salad
- Fresh vegetables and homemade hummus
- Summer fruit salad
- Fudgy date brownies

RSVP to Bri King, MS, RD, LD, CPT at briking@wcchd.com.

Please include your choice of steak, chicken or fish entrée and beef, turkey or veggie burger.





