Public Health

WARREN COUNTY HEALTH DISTRICT

416 South East Street – Lebanon, Ohio 45036

Duane Stansbury, REHS, MPH HEALTH COMMISSIONER

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Media Advisory

FOR IMMEDIATE RELEASE

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Reported Case of Monkeypox

On November 21, 2022, a case of monkeypox was reported to the Warren County Health District.

The Warren County Health District is taking this time to remind its residents that monkeypox is a rare viral illness that is transmitted from person to person through direct contact with body fluid or monkeypox lesions. Less commonly, transmission can occur through respiratory droplets from prolonged face-to-face contact or from contaminated materials such as bedding or clothing.

Symptoms of Monkeypox:

- Rash and lesions that can look like pimples progressing to blisters/pustules that appears on the face, inside the mouth, and on other parts of the body, like the hands, feet, chest, genitals, or anus.
- Fever
- Headache
- Muscle aches and backache
- Swollen lymph nodes
- Chills
- Exhaustion

Young children under the age of 8, children with eczema and other skin conditions, and children and adults with immunocompromising conditions may be at increased risk of severe disease.

The illness may last for up to 2–4 weeks and usually resolves without specific treatment. Monkeypox can be spread from the time symptoms start until all sores have healed and a fresh layer of skin has formed.

WCHD recommends anyone experiencing these symptoms to contact their health provider and seek medical attention. Call your primary care doctor or urgent care before arriving in person. Let them know you have symptoms or have had a confirmed exposure. This will allow staff time to prepare for a safe visit for you, them, and other patients.

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Monkeypox Prevention:

- Avoid close, skin to skin contact with people who have a rash that looks like monkeypox and/or avoid skin to skin contact with people you do not know. A rash can be under clothing and not obvious to see.
- Do not share eating utensils or cups with a person who has monkeypox or people you do not know.
- Do not handle or touch bedding, towels, or clothing of a person with monkeypox.
- Wash your hands often with soap and water or use an alcohol-based sanitizer.
- Wear a mask if traveling on public transportation, such as long bus or plane rides, 3 hours or more, near people you do not know (6 feet).
- If anyone with a new rash is concerned that it could be caused by the Monkeypox Virus, or if anyone has had close contact with a person with Monkeypox Virus, they should first contact their own healthcare provider for clinical evaluation.

Vaccination:

The Centers for Disease Control (CDC) recommends vaccination for people who have been exposed to monkeypox and people who may be more likely to get monkeypox. The CDC does not recommend the monkeypox vaccine for the general public.

People more likely to get monkeypox include:

- People who have been told by their health department that they are a contact of someone diagnosed with monkeypox.
- People who find out a sexual partner in the past 2 weeks has been diagnosed with monkeypox.
- People who had multiple sexual partners in the past 2 weeks in an area with known monkeypox.
- People who work in medical labs and some healthcare or public health workers.

If you think you fall into one of the above categories, talk with your primary care provider who can work with the local health department to determine your risk level, eligibility, and administration of the vaccine.

The Warren County Health District will continue to closely monitor monkeypox trends in Ohio and the United States, and will continue to communicate with its residents if anything were to change.

For more information, visit odh.ohio.gov/know-our-programs/mpx/monkeypox-faq-2022 or www.cdc.gov/poxvirus/monkeypox/symptoms.html.

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