

# Warren County Health District

News and Information warrenchd.com

Duane Stansbury, M.P.H Health Commissioner

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#### Fair Fun!



County fairs and various festivals are a key part of many people's summer festivities. There are many things that you can do to help make sure that your fair experience is fun and safe! Come by and say hello to us at the Warren County fair, which is happening July 12th-22nd!

**Stay hydrated.** Temperatures can get hot during fairs, which typically are scheduled in the summer. You also may walk a greater distance than your normal day. Soft drinks don't replenish fluids lost while touring the grounds or sitting in a hot area. You should drink plenty of water.

Wear closed-toe shoes. You will be walking in areas where animals also roam. You also will be stepping onto apparatus for rides or stepping along stoned pathways. You should avoid wearing flip-flops or sandals to protect your feet.

Wash your hands after petting animals. Fairs often feature farm animals being shown for competition or petting zoos for children to visit. While 4-Hers and fair organizers keep these animals well-groomed, cows, pigs and goats still could have germs that are harmful if ingested. Thoroughly wash your hands with soap and water and use hand sanitizers after petting them – especially before eating.

**Watch your children.** Young ones are mesmerized by the bright lights of a fair. Remember, though, there are lots of moving equipment and people. Keep your kids close and hold their hands if they are very young. They could easily go where they shouldn't and be in danger.

Have a separation plan. Getting lost at the fair can happen, especially if the crowds are large. Talk to your children about staying put if they get lost. Tell them to look for a police officer or fair official if they get separated from you. Children should carry their parents' names and cell phone numbers in their pocket.

**Know where to find help.** Fair organizers provide maps of their grounds and have signage throughout the area. Before you go or when you first get there, know where to get help in case of an emergency (first aid station, fair office or police stand).

**Be careful how much food you consume.** Those deep-fried Oreos look and taste good. Having one may not cause any digestive or health issues. But if you over-indulge on fried foods or sweets (and then ride the Tilt-O-Whirl), you could have a problem. Limit your indulgence, and direct your children accordingly.

### **Animal Bite Prevention**



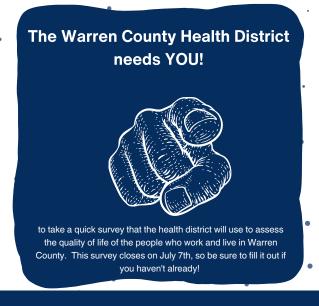
Wild animals usually avoid people. They might attack, however, if they feel threatened, are sick, or are protecting their young or territory. Attacks by pets are more common. Animal bites rarely are life-threatening, but if they become infected, you can develop serious medical problems.

To prevent animal bites and complications from bites:

- Never pet, handle, or feed unknown animals
- Leave snakes alone
- Watch your children closely around animals
- Vaccinate your cats, ferrets, and dogs against rabies
- Spay or neuter your dog to make it less aggressive
- Get a tetanus booster if you have not had one recently
- · Wear boots and long pants when you are in areas with venomous snakes

If an animal bites you, clean the wound with soap and water as soon as possible. Get medical attention if necessary. WCHD provides animal bite and rabies surveillance services, where we investigate reported bites, collect samples, and report our findings to the state. If you have any questions or need to report a bite, give us a call at 513-695-1498.

## What's Happening at WCHD?





WCHD will be closed on Tuesday, July 4th in observance of Independence Day

WCHD is looking for Asian citizens of Warren County to fill out a general health survey.

surveymonkey.com/r/WCQOL23





#### **Project DAWN**



Project DAWN (Deaths Avoided With Naloxone) is a network of opioid overdose education and naloxone distribution programs (OENDP) coordinated by the Ohio Department of Health. Project DAWN is named in memory of Leslie Dawn Cooper, who struggled with substance use disorder for many years before dying from a witnessed opioid overdose on October 3, 2009.

This project is now in 82 of 88 Ohio Counties, with the Warren County Health Department being one of the newest Project DAWN distribution sites.

Naloxone, commonly known as Narcan, is used to reverse an overdose from opioids, including heroin, fentanyl, and prescription opioid medications when given in time.

Project DAWN supplies free naloxone kits for community members. If you are interested in getting a free kit, or want to have a group of people trained in how to use naloxone, call 513-695-1271.

