EDITION #454

Warren County Health District

DUANE STANSBURY, M.P.H HEALTH COMMISSIONER

NEWS AND INFORMATION



Online "Caterers"

Over the past few years, the Warren County Health District (WCHD) has seen an increase in unlicensed food facilities operating within the county. They often advertise themselves as "caterers" on social media pages and are operating out of their home. These are not licensed facilities and are operating illegally.

Here are some indications that a facility is not licensed:

- -Their website or social media page does not list a physical address;
- -Individuals may be instructed to pick up their orders at a residential address other locations such as a business parking lots or public parks;
- -They use a neighborhood app such as Whatsapp to receive orders and to communicate menus;
- -They operate out of their home. While the Ohio Revised Code does allow for some minimal food handling to take place inside the residential home, this is generally limited to baked goods and those foods which do not require temperature control. There are some exceptions such as those homes which are attached to the licensed facility.

***The goal of the Warren County Health District is to prevent the transmission of foodborne disease. WCHD strongly advises against purchasing food from unlicensed facilities. All licensed facilities are required to maintain minimum standards of sanitation, be well-versed in proper food handling, including temperature control and the prevention of contamination, and understand disease transmission through food.

If you have concerns regarding whether or not a food operation is licensed, or if you would like to report an unlicensed operation, please call our office at (513) 695-1220 or visit our website at warrenchd.com.com. Reports can be made anonymously.***



STI Awareness Month

STI Awareness Month—observed every April—is an opportunity to raise awareness about sexually transmitted diseases, including their impact on our lives and the importance of STI testing and treatment. STI Awareness Month also provides the opportunity for us to normalize sexual health through reducing STI-related sigma, fear, and discrimination.

Sexually Transmitted Infections are common that the CDC estimates 1 in 5 people in the U.S. have had a sexually transmitted infection. The 3 most common STIs in the United States are:

- HPV (human papillomavirus)
- Chlamydia
- Gonorrhea

If you or your sexual partners have multiple partners, you are at risk of being infected with an STI. Some STIs can be prevented with a vaccine, which are:

- HPV
- Hepatitis A
- Hepatitis B

Although there are only three STIs that can be prevented with a vaccine, most other STIs can be treated and cured with treatment. Although it is still treatable for most people, increasing gonorrhea infections have become a concern as it is becoming harder to treat in some people. Other STIs that are becoming increasingly drug-resistant are chlamydia and syphilis.

Need STI testing or treatment? Give WCHD a call at 513-695-1263.









The Importance of Infant Safe Sleep



Sudden Unexpected Infant Death (SUID), which includes Sudden Infant Death Syndrome (SIDS), is the leading cause of injury death in infancy. Sleep is a big challenge for families with babies, but following safe sleep recommendations can prevent many SUID fatalities. The rate of sleep-related infant death declined significantly in the 1990s after the American Academy of Pediatrics (AAP) and others recommended that babies be placed on their backs to sleep, but rates have since plateaued, and SIDS remains the leading cause of postneonatal mortality. Black and Native American/Alaska Native infants die at rates more than double that of white babies. Some steps that parents can take to help promote safe sleep in their infant is to:

- Place infants on their backs for sleep in their own sleep space with no other people.
- Use a crib, bassinet or portable play yard with a firm, flat mattress and a fitted sheet. Avoid sleep on a couch or armchair or in a seating device, like a swing or car safety seat (except while riding in the car).
- Keep loose blankets, pillows, stuffed toys, bumpers and other soft items out of the sleep space.
- · Breastfeed if possible and avoid smoking.

An easy way to remember how to safely put an infant down to sleep is **ABC**. ABC means that to safely sleep, an infant needs to be **a**lone, on their **b**ack in their **c**rib that is empty.

The Warren County Health District is committed to reducing sleep-related infant deaths by providing the Cribs for Kids program. WCHD offers pack-n-play portable cribs at no cost to eligible Warren County families in order to provide a safe sleep space for their infant (under one year of age). Safe sleep education is also provided. Call 513-695-2475 to see if you are eligible for the program.



What's Happening at WCHD this month?



LOCATION: 418 FAIRVIEW DRIVE, FRANKLIN OH, 45005

Spring 2024 Tire Collection Event Details:

- -Rims must be removed from tires
- -No metal accepted
- -EPA regulation requires any person hauling more than 10 tires must be a registered scrap tire transporter



April 28th, 2:30PM-4:30PM: Diabetes Prevention Event

LOCATION: 20 DESALES AVENUE, LEBANON OH, 45036

What To Expect:
Blood Sugar and Diabetes Testing
Blood Pressure Checks
Nutrition Education
Spanish Interpreter
Referrals for Follow Up Care As Needed
For more information, call 513-695-1577 or
513-695-1272 if you need to speak to a
Spanish interpreter.



April 27th, 8AM-12PM: Harlan Township Tire Collection Event

LOCATION: 9120 MORROW ROSSBURG ROAD, PLEASANT PLAIN, OH, 45162

Spring 2024 Tire Collection Event Details:

- -Rims must be removed from tires
- -No metal accepted
- -EPA regulation requires any person hauling more than 10 tires must be a registered scrap tire transporter

ALL MONTH:



FREE at home COVID-19 tests available. If you are interested in getting some COVID-19 tests, call 513-695-3126 to schedule a pick up time.



Nutrition and diet counseling provided by WCHD dietitian, Laura Brodt. If you are interested, call 513-695-1477 to set up an appointment.



Vaccination Clinics. Adult and childhood vaccines available. Need a COVID-19 and/or flu vaccine? Call 513-695-1468 or 513-695-1229 to get scheduled.



Various Health Clinics. Need to see a doctor or medical professional? Visit warrenchd.com to see a description of the clinics WCHD offers or call 513-695-2428 to speak to a representative.



FREE naloxone kits and fentanyl test strips. To set up a time for pick up, call 513-695-3126